

# ENCOUNTER

## Thursday Night Groups

We are a community of broken people seeking help and healing through connection to Jesus and one another. Join us before groups in worship and message to help you unplug and prepare your heart for recovery. Our Thursday night worship service is from 6:30-7:30 p.m., groups meet immediately following until 8:45 p.m. Childcare is provided for birth-10 years. We cant wait to see you!

### ADDICTIONS

<b>ALCOHOLICS ANONYMOUS</b> Thursdays • 6:00 p.m.	FH 131
<b>FAMILIES OF ADDICTS</b> For family or friends of those struggling with alcohol or substance abuse.	WC 446
<b>FORGOTTEN HEARTS</b> Contact forgottenheartse@gmail.com	Upon Request
<b>MEN'S ADDICTION (12 STEP)</b> Christ-centered program for men wanting to overcome addictions & compulsions	WC 239
<b>MEN'S SEXUAL ADDICTION (ARC)</b> Contact arcmen911@gmail.com	Upon Request
<b>WIVES OF SEX ADDICTS (ARC WIVES)</b> Contact arcwives@hotmail.com	Upon Request
<b>WOMEN'S ADDICTION &amp; EATING DISORDER</b> For women struggling with Addiction or Eating disorder.	WC 236

### MARRIAGE & FAMILY

<b>DIVORCE SUPPORT</b> For those struggling with issues from divorce.	FH 118
<b>FAMILIES OF THE INCARCERATED</b> Confide in one another and seek God's answers to the hard questions	Fireside Room
<b>MARRIAGE IN CRISIS (COUPLES/HUSBANDS)</b>	ATLR 202
<b>MARRIAGE IN CRISIS (WIVES)</b> For those struggling in marriage or who are currently separated and seeking reconciliation	WC 247
<b>SINGLE MOMS</b> Come for support, encouragement, and guidance as you walk through real life situations.	ATLR 201
<b>STEP FAMILY MINISTRY</b> Discuss the joys and challenges of a blended family.	WC 367

### WORKSHOPS

#### LOOKING INSIDE

APRIL 8- MAY 13 | FH 2 | 7:30-8:45PM

Join us as we learn about the different dimensions to ourselves, the healthy and unhealthy, and how to resolve conflict inside so that our emotions and character qualities work for us, not against us.

#### SPECIAL NEED MARRIAGE CLASS

APRIL 8- MAY 13 | ATCR 209 | 6:30-8:00PM

#### GRIEF CARE WORKSHOP

APRIL 6 - JUNE 1

### GRIEF / HEALTH RELATED

<b>ALZHEIMERS CAREGIVERS</b> For caregivers of family members with Alzheimer's. Respite care is also available. *3rd Thursday • 1:00-3:00 p.m.	<b>Zoom:</b> #93671528604
<b>COPING WITH CANCER</b> This group is for those facing the challenges and struggles of cancer	FH 109
<b>GENERAL GRIEF (EVERY THURSDAY)</b> For anyone dealing with the loss of a loved one. See more specific grief groups below.(starts at 7:00 p.m, Welcoming more at 7:30pm)	ATCR 200/202
<b>SPECIFIC GRIEF</b>	
<b>1ST THURSDAY</b> Loss of Child, Loss of Spouse	<b>3RD THURSDAY</b> Loss of Child
<b>2ND THURSDAY</b> Loss of Parent, Loss due to Suicide/Substance Abuse	<b>4TH THURSDAY</b> Genreal Grief

### ADVERSITY

<b>ANXIETY</b> Find support & understanding in the midst of anxiety struggles	ATCR 207
<b>CODEPENDENCY</b> A group dealing with boundary issues for families and friends dealing with addiction.	FH 136
<b>DEPRESSION</b> A group for those seeking support and relief from depression.	FH 122
<b>JOURNEY TO FREEDOM</b> Women's Unwanted Same-Sex Attraction. Email: care@secc.org	Upon Request
<b>OVERCOMING ADVERSITY</b> A group for those facing many kinds of obstacles and challenges.	FH 110
<b>TEEN SUPPORT</b> For teens ages 13-17 to come and find support in the difficulties of life	WC 231
<b>VETERAN'S SUPPORT</b> A group for former military, police or first responders to process stress and support one another.	WC 245
<b>WOMEN'S ABUSE</b> Email: mendingheart@live.com	Upon Request

# ENCOUNTER

## Weekly Schedule

### **MONDAY NIGHTS**

**ENCOUNTER ONLINE 7:00 P.M.**

**ZOOM ID: 174154667**

**ZOOM LINK: [HTTPS://ZOOM.US/J/174154667](https://zoom.us/j/174154667)**

Addictions (Coed)  
Anxiety & Depression  
Family of Addicts  
Grief - Breakout Groups Available  
Job Loss Support  
Stillborn, Infant Loss

- First Monday Only

Women's Abuse

### **CRESTWOOD CAMPUS**

AA - 6:15 p.m.  
Addiction Recovery (Coed) 7:30 p.m.  
Men's Sexual Accountability 7:30 p.m.  
Stillborn, Infant Loss 7:30 p.m.

### **SOUTHWEST CAMPUS 7:00 P.M.**

General Grief

- 1st & 3rd Monday

Grief - Loss of a Child

- 2nd & 4th Monday

Overcoming Adversity

### **SHLEBY COUNTY 7:00 P.M.**

Encounter worship at the Brick Room in Shelbyville with Multiple Groups to follow

### **TUESDAY NIGHTS**

#### **IN CAMPUS 6:30 P.M.**

Depression Support for Women  
Men's Addiction (THRIVE)  
Single Moms  
Women's Addiction

#### **BB CAMPUS**

Cancer Care Connection for women - Fireside Room

- 2nd Tuesday Only, 1:00-3:00 p.m.

Grief Workshop - ATCR 200

- 6:30-8:30 p.m. | April 6-June 1
- Curriculum based workshop offering support and tools for those moving forward in their loss. To register email: [debbiewhitenky@aol.com](mailto:debbiewhitenky@aol.com).

Alcoholics Anonymous - FH 122 - 6:00 p.m.

### **WEDNESDAY NIGHTS**

#### **ET CAMPUS 7:00 P.M.**

Addiction Recovery  
Anxiety  
Friends & Family of Addicts  
Grief

#### **IN CAMPUS 6:30 P.M.**

Empowering Women  
Families of Addicts

### **THURSDAYS**

#### **BB CAMPUS**

Moms in Prayer - Thursday 1:00-3:00 p.m. - ATLR 204  
Alzheimer's Support Group - 3rd Thursday 1:00-3:00 p.m.

- Zoom #93671528604

Encounter Worship followed by groups 6:30 p.m.

- See the Encounter THURSDAY Schedule

### **FRIDAYS**

#### **BB CAMPUS 1:00 P.M.**

Chronic Pain and Illness - 4th Friday - Fireside Room

### **SUNDAYS**

#### **BB CAMPUS**

Praying for Your Prodigal - 4:00 p.m. - 2nd Sunday  
ATCR 202  
Single Dad's Huddle - 9:00 a.m. - 1st & 3rd Sunday - WC 248

### **SENSITIVE GROUPS**

#### **ARC MEN (Men's Sexual Addiction)**

Email: [arcmen911@gmail.com](mailto:arcmen911@gmail.com)

#### **ARC WIVES (Wives of Sex Addicts)**

Email: [arcwives@hotmail.com](mailto:arcwives@hotmail.com)

#### **Family and Friends Support - Same Sex Attraction**

Email: [Familyandfriends920@gmail.com](mailto:Familyandfriends920@gmail.com)

#### **Forgotten Hearts**

Email: [forgottenheartse@gmail.com](mailto:forgottenheartse@gmail.com)

#### **Groups Support for Special Needs Parents**

Email: [tyialynn@criticallyloved.org](mailto:tyialynn@criticallyloved.org)

Facebook Page: @criticallyloved

#### **Journey to freedom (women's unwanted same sex attraction)**

Email: [Care@secc.org](mailto:Care@secc.org)

#### **Women's Abuse**

Email: [mendingheart@live.com](mailto:mendingheart@live.com)